



Westerville Quilt Guild

NEWS

**SPECIAL
EDITION**

Volume 11, Special Edition — May 1, 2015

WQG's 10th Anniversary Quilt

If you would like to be a part of the 10th Anniversary Quilt please follow the directions below.

Make two identical blocks: one for the quilt, one for a raffle. The raffle money will be donated to the Guild to help pay for rent of the hall for our monthly meetings.

The blocks need to be 5-1/2" squares unfinished (5 inch square finished blocks).

They can be patchwork, paper pieced, appliquéd, etc. Use your skill and imagination.

They need to have your name included in the block.

You have two months to get the two blocks finished. **They need to be turned in at the June 2015 Guild meeting** to a member of the Fun with Fabric Committee.

If you have any questions please contact a member of the Fun with Fabric Committee:

DeeAnn Haworth (661) 733-9330 or anndeehi@gmail.com

Jayne Godsey (614) 895-5286 or kjgodsey@gmail.com

Emerald McClaugherty (614) 895-9005 or emeraldmcc@aol.com

Daleen Dotson (614) 389-4799 or daleenkay@gmail.com



Our instructions for Fidget Quilts are on page 2!

Fidget Quilts

According to the Alzheimer's Association, an estimated 5.2 million Americans of all ages had Alzheimer's disease in 2013. This includes an estimated 5 million people age 65 and older and approximately 200,000 individuals younger than age 65 who had younger-onset Alzheimer's. Frequently, patients with Alzheimer's and other forms of dementia get fidgety hands. Fidget quilts are a soothing thing to those patients because the quilt gives their hands something to do. Make your own fidget quilt for the person in your life with Alzheimer's or just to donate to someone in a care center with the simple steps in [Quilters Newsletter June/July 2014](#).

A PDF version of the Quilters Newsletter article is also available on the WQG web site: www.westervillequiltguild.com.



Alzheimer's Patient Fidget Quilt

Community Service project partnered with Alzheimer's Association, Central Ohio Chapter-Columbus Ohio. Donations will be given to their Home Health Care program; supporting families responsible for care of their loved ones that are diagnosed with Alzheimer's disease.

Fidget quilts help to occupy the Alzheimer's loved one by settling or calming the need to keep fingers busy. Please keep in mind these quilts will be washed and dried with industrial / commercial machines then regularly washed and dried with home machines.

The bound finished quilt is to measure 20 inches x 20 inches.

Suggested Materials:

- Varying fabrics of different texture
- Cord safely secured, without gaps or sewn under fabric for texture
- Ribbon: attached without gaps
- Large Rick Rack trim secured without gaps
- Large plastic zippers (Metal zippers can cut thin skin of elderly patients, Large zippers have a larger pull tab. The smaller zippers require more dexterity.)
- Velcro for scratching and ripping (strongly attached if to be pulled)
- Ruffles, fabric; tucked, smocked or Shirred
- Pockets
- Tags sewn on securely that cannot be pulled or worked free

The Alzheimer's patient is, at times, nearly like an infant that will try to put items in their mouth, nose and ears. Materials that can tangle or twine around patient's fingers effect blood flow.

Materials not to use:

- No slick fabrics on back of quilt (may not stay on lap)
- No buttons, beads, trinkets, keys, jewelry, and no ribbons or chords hanging free.

Deadline: Westerville Quilt guild meeting June 23, 2018

Collection and questions call Kristen (Kris) Keyser 614-764-9259

Newsletter Information

Newsletter submissions should be sent as an attachment or typed in the body of an email to the following email address: Newsletter@westervillequiltguild.com. The "publication" date for the Newsletter will be the 3rd Tuesday of the month. All items submitted to the Newsletter need to be in by the 2nd Tuesday of the month. If you know of a member that does not have access to email, please give them a copy of the newsletter.