



**Westerville Quilt Guild**

# NEWS

Volume 2, No 12 — December 2006

Youth is when you're allowed to stay up late on New Year's Eve. Middle age is when you're forced to.  
~Bill Vaughn



## **Best Wishes for a Happy New Year to all the Westerville Quilt Guild Members and Friends!**

**Our next meeting will be January 23, 2007 with Karen Lesueur and Becky Dickson as President's-of-the-Month.**

**More information will be coming in the January newsletter.**



## **Goals for a New Year**

by Pam Stahl

As we embark upon a new year, I feel the need to pose a question: Do you have any creative goals?

Stop rolling your eyes. I know what you may be thinking. "I just do this for fun. It's not really important." *Ouch!* It hurts to read that!

Please believe that your creative longings are important. Don't be afraid to claim a few creative goals even if you really don't feel up to tackling your first Mariner's Compass medallion quilt. You don't have to know all of the details before you begin a project; just trust your creative instincts.

Here are some ideas to jumpstart setting your goals:

- Vow to spend at least 15 minutes a day in your sewing room, even if you just spend the time looking through your fabrics.
- Spend at least a small amount of time quilting three times a week.
- Choose one unfinished project to complete.
- Make a charity quilt.
- Create a quilt entirely from your stash.
- Join a guild or a quilting group.
- Take a quilt class.
- Buy at least one fabric that you love, no matter if it doesn't go with anything else you already have.

*(Continued on page 2)*



## Westerville Quilt Guild

We meet on the 4th Tuesday of each month, 7:00 p.m. at The City of Westerville Electric Division Building, 139 E Broadway, Westerville, OH 43081, Web Site: <http://WestervilleQuiltGuild.smith1028.com>,  
E-mail: [WestervilleQG@smith1028.com](mailto:WestervilleQG@smith1028.com)

Westerville Quilt Guild is a "member run" group. Member volunteers serve as "President-of-the-Month" and present the program for that month's meeting. Our dues are \$12 a year.

- Try making blocks with a color you haven't used before.
- Let a child choose fabrics for you and sew with him or her.
- Trade fabrics with a friend for new inspiration.
- Try your hand at something new - a different appliqué technique, hand piecing, machine quilting, trapunto....
- Make a quilt for yourself (and keep it)!
- Make a quilt with a friend or a group of friends.
- Enter one of your quilts in a show.
- Make an art quilt.
- Start doodling in a sketchbook and keep your drawings - including the bad ones.

Once you've dreamed a little, it's time to write down your goals. This is the hard part because our perfectionist tendencies may try to take over. If you are new at this, write your goals in pencil. Your goals are your own and need not be chiseled in stone; you are free to change, update, delete, and alter them as needed. The *only* rule for this process is that you must actually write down what you want to accomplish. Seeing your goals in writing will make them real. A list will also give you direction when you feel overwhelmed with choices and decisions.

*Franklin, Tennessee, quilter Pam Stahl says she is interested in the lives of those who share her passion for needle and thread. She runs the online newsletter Real Women Quilt and its retail counterpart at [realwomenquilt.com](http://realwomenquilt.com).*

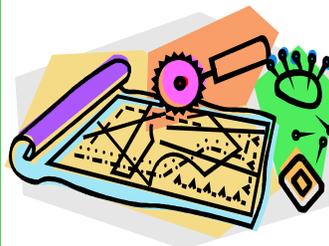
Stahl, P. (2007, Jan/Feb). Goals for a New Year *Quilter's Newsletter Magazine*, 38(1), 84.

## Fabric Donations



My Twig group is making "Memory Boxes" for Children's Hospital - 100 of them for 2007 in fact! A "Memory Box" is given to all parents that lose a child at Children's. They are boxes which are painted, decorated and lined with batting and fabric. The parents put keepsakes in them, locks of hair, photos, etc. If anyone has any fabric from baby quilts or other children's fabrics that you would like to donate I'd be happy to add them to our stash. We do make boxes for teens as well, but it seems like the bulk of them are for younger children. A fat quarter works but has to be pieced together for the larger sized boxes, half yards are even better. Thanks in advance for any donations.

Trish Bishop



## Patterns Wanted!

Check the web site for the new pattern archive. If you have patterns from past meetings/workshops

in an electronic format they can be put up on the Pattern Archive for our member's to access. Send them to me as an email attachment with *Pattern Archive* in the subject line at [WestervilleQG@smith1028.com](mailto:WestervilleQG@smith1028.com) !

## Newsletter Information

If you would like to submit an article or "tip" to the newsletter, please send it, either as an attachment or type the text in your email, and send it to me at:

[WestervilleQG@smith1028.com](mailto:WestervilleQG@smith1028.com)

The "publication" date for the Newsletter will be the 3rd Tuesday of the month. All items submitted to the

Newsletter need to be in by the 2nd Tuesday of the month. If you know of a member that does not have access to email, please give them a copy of the newsletter.