



Westerville Quilt Guild

NEWS

Volume 21, No 8 — August 2025

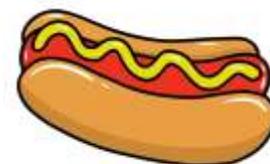


August 26, 2025

Jeff Bretthauer, Ruthie Hoover, & Judy Theil — Presidents - of - the - Month Annual Picnic



Please bring a side dish and your own drinks. We will be having hotdogs with all the toppings. So wear your ball cap and come enjoy.



Hello Secret Sisters,
We only have three more months before we reveal ourselves at the holiday meeting. I hope you are enjoying being a part of the 2025 Secret Sisters. I would love to get some feedback from each of you as to how you are liking or not liking this activity. Please feel free to text me any time: (662) 733-9330.

See you at the picnic!
DeeAnn



SOCIAL TIME - Meet and Greet - Arrive Early When You Can...

Start gathering around 6:30. Greet friends & MEET new members. **Members:** This month make sure you find someone you would like to know better, a new member or guest, and introduce yourself. **New Members/Guests:** If you are a new member/guest, approach someone you don't know and introduce yourself. Learn a little about the other person and share a bit about yourself! We are a friendly bunch!

We meet on the 4th Tuesday of each month, 6:30 pm Social Time, 7:00 p.m. Meeting, at St. Paul Lutheran Church, 4686 East Walnut Street, Westerville, OH 43081, Web Site: <http://www.WestervilleQuiltGuild.com>, E-mail: westervillequiltguild@gmail.com

Fun With Fabric 2025

Challenges

2025 Mystery Quilt — DUE SEPTEMBER



Due to a scheduling conflict, the 8-part Mystery Quilt will be revealed at the September meeting instead of August! Use the extra time to complete your project!

3 YD Quilt—Due December

Make a quilt using three 1 yard cuts of fabric. There are several books on this technique and other patterns available online.



2025 Program Sneak Peek

August 26 — Annual Picnic (new month) — Jeff Brethauer, Ruthie Hoover, Judy Theil

September 23 — Necktie Quilts — Christina Sidebottom

October 28 — Service Project—Premie Mattress Covers — DeeAnn Haworth

December 2 — Holiday Party — Janis Baer

This is the first Tuesday after Thanksgiving.

QUEEN BEE BLOCK PARTY



Shannon Bartlett	28-Jan	25 Feb
Sue Meek	25-Feb	25-Mar
Jayne Godsey	25-Mar	22-Apr
Janice Baer	27-May	24-Jun
Kathy Warden	24-Jun	22-Jul
Becky Lance	22-Jul	26-Aug
Barb Horlocker	26-Aug	23-Sep
Lisa Smith	23-Sep	28-Oct
DeeAnn Haworth	28-Oct	2-Dec



Westerville Quilt Guild

Sunshine Committee

If you know of a member who is sick, has had surgery, or has had a death in the family, please contact **Christina Sidebottom** who will send a card. E-mail: oside@att.net, telephone: 614-895-9820 (home) / 614-208-2857 (cell).



The August basket is *Fabulously Flamingo*, with fabric and notions in bright flamingo colors. As usual, candy is included.

Tickets are \$1 each or 6 for \$5. Don't forget, you can't win if you don't play.

National Toilet Paper Day — August 26

Many people don't like to talk about TP. We just want to appreciate its vital importance, while otherwise taking it for granted. As the Charmin ad says, "Enjoy the Go!" On National Toilet Paper Day, we certainly want you to have a happy experience. Then, perhaps you'll feel more comfortable sharing the pleasant experience with others. We hope you thoroughly enjoy the go on this August 26 holiday.



Let's not take toilet paper for granted. It may not always be there when you need it. For many of us, it is needed multiple times a day. Toilet paper is indeed an essential item. It is not available in many parts of the world. If you've ever entered a stall without first checking to see if the dispenser is empty, you will agree that it is truly essential. So, as you roll off a hefty wad of toilet paper while you sit on the throne, take a minute to reflect and appreciate that it is there.

We believe there's no other holiday quite like it.

Toilet Paper Has a Long & Soiled History

Over thousands of years of history, there were many ways to clean up after the "go". In the early days, people just used their hands for clean up. Over time, the left hand came to be designated for this task. It would then be washed in a nearby creek or simply wiped off. In many cultures, people would not use their left hand for eating or many other tasks. Over time, a wide variety of items came to be used for the clean-up job, including rocks, leaves, corn cobs, and more. Squatting over a creek was common, with waste being washed downstream by the current. Perhaps one of the most bizarre methods of wiping one's derriere clean came into use around 79 A.D. A wet sponge on a stick was used. After use, it was rinsed off and left for the next person!

Fortunately for me and you, progress and in-

vention brought about much more sanitary and disposable toilet paper. Toilet paper was invented in China in 580. It came in sheets. It was coarse and expensive. Most of the population couldn't afford it. It wasn't until the 1400s that it began to be manufactured in China. Most of the world had to wait until the 1800s, for toilet paper to come into popular use. In 1857, toilet paper sheets were commercially sold for the first time in the U.S. On December 22, 1871, Seth Wheeler from Albany, NY received patent #465,588 for the toilet paper roll. With toilet paper now on a roll, using "the head" and "powdering your nose" became far more convenient and sanitary. We only had to wait another century or so for indoor plumbing, but that's a subject for another day.

The Great Over/Under Debate

For many decades a debate raged over whether the roll of toilet paper should unfold over the top of the roll, or under it. To this day, many people still (mostly) humorously argue their case for over or under. It's a proven fact that toilet paper unrolled over the roll is more sanitary. Those in favor of under the roll, argue those who do so are more intelligent. There are many other arguments for each direction.

Seth Wheeler's 1871 patent for the toilet paper roll clearly shows diagrams of toilet paper coming off the top of the roll. But, wait! There are other pictures of Wheeler's invention where the toilet paper unrolls under.

So, which way is the winner of this debate? We will let you.... make the call.

Did You Know? When a roll of toilet paper is used up, most people throw the cardboard core away into the trash. But, the cardboard roll is recyclable. Placing it in the paper recycling bin, or [composting](#) it saves space in the landfill.

From: <https://www.holidayinsights.com/moreholidays/august/toilet-paper-day.htm>

Continued on page 4 — How to Embroider on Toilet Paper...

2025 Committees

Executive Committee

Janice Baer
Shannon Bartlett
Jeff Bretthauer
Beth Gable
Becky Lance
Sue Meek (also Treasurer)
Treasurer, Newsletter & Website, Social Media

Hospitality:

Becky Lance

Fun with Fabric & Service:

Shannon Bartlett
Lisa Smith

Keeper of the WQG Quilts & Scrapbooks:

Shannon Bartlett, Scrapbooks
Quilts at St. Paul's

Membership:

Janice Baer
Kathy Warden

Newsletter/Website/Social Media:

Lisa Smith
Janice Baer
Judy Theil

Publicity:

Sue Meek

Monthly Opportunity Basket:

Shannon Bartlett

Sunshine Committee:

Christina Sidebottom

Take Down or Put Away Things

Christina Sidebottom

Secret Sister:

DeeAnn Haworth



How To Easily Embroider on Toilet Paper

Though it may seem odd, embroidered toilet paper can make a great item for a gift basket, or a guest bathroom. Embroidery on toilet paper can also be used as a holiday decoration, a fun gag gift, or as a promotional item. Following these few simple steps, you can easily embroider your own roll of toilet paper and be sure to watch our instructional video below.

Gather your Supplies

Choose the thickest toilet paper you can buy, it will make embroidery easier and will hold the stitches better. Go with at least a 2-ply or thicker.

Cut Away Stabilizer, [SheerStitch works great.](#)

Embroidery Design: Stay away from dense fills, vintage style stitches or sparse fills are best for stitching on toilet paper. Very dense designs may tear the toilet paper.

4" x 4" hoop - using the smallest hoop possible will provide the most stabilization.

Set Up

Roll out your toilet paper and take about 3 squares and fold it over. Roll out some more and take another 3 squares and fold it over again so you have 4 layers of toilet paper.

Hoop both your toilet paper and embroidery backing. For some extra stabilization, you can use a light misting of [one of these adhesive sprays.](#)

Attach your hoop to your machine and slow down your machine speed before starting. Load your design, and you are ready to embroider.

When finished, trim off your cut away backing, re-roll your toilet paper and you are finished! For a nice finishing touch, you can put your completed embroidered toilet paper in a bag and seal with some ribbon.

From: <https://allstitch.com/blogs/embroidery-blogs/how-to-embroider-toilet-paper> Copyright © 2025 AllStitch Embroidery Supplies.

Newsletter Information

Newsletter submissions should be sent as an attachment or typed in the body of an email to the following email address: westervillequiltguild@gmail.com. The "publication" date for the Newsletter will be the 3rd Tuesday of the month. All items submitted to the Newsletter need to be in by the 2nd Tuesday of the month. If you have any questions or suggestions, contact [Lisa Smith](#), WQG Newsletter Editor.
